

Don't Tell Them - Show Them

I made some time this morning to read through a few blogs and forums on "creativity".

Yes, "time", is something that I have and that I value. It wasn't always like this. Just like many others, I participated in the rat race and climbed the corporate ladder until I met someone who was willing to show me the way.

We live in a fast-paced society. Our minds are all over the place - worrying about this, planning that, judging everyone (including ourselves). The clock is ticking and then we run out of time. Tomorrow, we start all over again. Our minds are all over the place - worrying about this, planning that, judging everyone (including ourselves)... We start to wonder if we have made the right choices. "Perhaps I should have studied something else." "I don't think this is the right job for me." "Why didn't I rather do this instead of that?" "Perhaps I'm not creative after all." "What if I'm not good enough?" All this confusion, leads to frustration - frustration with ourselves because we don't like being confused; frustration with others because they don't seem to be helping much. We scream and shout and sometimes act like complete idiots in an attempt to handle all the pressure. We wish that someone would just come and rescue us from all this madness. And then we enroll for a "quick fix" workshop; we even enroll our employees - hoping that this will be the solution to all our problems. It lasts for a few days....

There is no quick fix. Achieving what we want to achieve in life, not only involves hard work; we also need faith, patience, focus, enthusiasm and confidence. And don't forget about self-nurturing. If you don't feel completely worthwhile, why would you feel you had something to share with the world?

Some of you may argue that, "It can't be done". I say, "It can". Sometimes, we just need someone to show us the way.

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