

A Sandton business hotel stay that won't leave you feeling blue

 By [Brian Berkman](#)

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Where to stay in the Sandton area really depends on why you are there. While Sandton is an ever-changing landscape with buildings and road works falling and rising like a yo-yo, that it remains the money hub is a constant.

The great advantage of lodging at The Radisson Blu Sandton (not to be confused with its sister Gautrain Station property, just down the road) is its nearness to three businesses essentials: The Platinum Sandton Planet Fitness, Aston Martin, and Khaliques where you can be toned, groomed, suited, and booted and drive off in style without leaving the building.



Use of meeting rooms and free-flowing beverages included in your stay

Radisson Blu business class rooms include access to the top-floor business lounge for all-day grazing and quality beverages like special teas and espresso. Other beverages, including your favourite hootch, are complementary at certain times but the appeal here is the opportunity for an elegant and quiet environment in which to enjoy international and local newspapers and magazines. Clean-lined and Scandinavian in design there are wrap-around views of the city 22 floors below. For smokers, there is the roof terrace up a flight of stairs. There are a number of private meeting rooms and other business-related facilities you'd expect. Wi-Fi is fast and free. The lounge food offering was particularly impressive and a step up from many other similarly graded properties.



World-class fitness facility - just bring a cap

There is a large open-ai red pool deck with loungers a little lower down in this tower block and the gym's indoor pool along with all the facilities including hot-flow yoga, are also available to hotel guests at no charge. Remember to bring a swimming cap, but know that towels are provided at the gym. There is also an independently operated spa on the same floor.



The alpha-to-the-Omega3 of a great breakfast

Hotel buffet breakfasts are a thing of legend and hotels will compete to offer the most talked-about selection. I especially liked the do-it-yourself tomato cocktail with all the add-ons including celery salt at hand. The hot-smoked salmon with a note about the health benefits of Omega 3s also stood out. Of the hot buffet selection, the egg curry and 'eggs en coquette' were both items I've not seen at other hotels. A quality lunch and dinner are also served in the Vivace restaurant.

ABOUT BRIAN BERKMAN

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