

The Ladycation: Getting away without breaking a nail on the budget

Cape Town and its surrounding areas offer some great mini-breakaways for those ladies who need a break from their daily routine and hang out with this sisters. Co-founder of Cape Comoot, Yolandie Le Grange, says, “Reasonably priced, and safe access to places like Cape Point and Franschhoek is lacking. With tourism being seen as [the next mining boom for South Africa](#), it is important that we keep this sector afloat with as much local and international support as possible.”



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Any great ladycation must start off with a stylish breakfast that won't break the bank, but will still give you energy for your fun-filled day ahead. [Clarke's Dining Room](#) is quite a hip local hangout without too many beards hanging around. Their breakfasts are superb and if you don't feel like splashing out too much you can order their special of eggs, toast, and a coffee for R30, which is available between 8am and 9am.

Cape Point: Your Instagram happy place

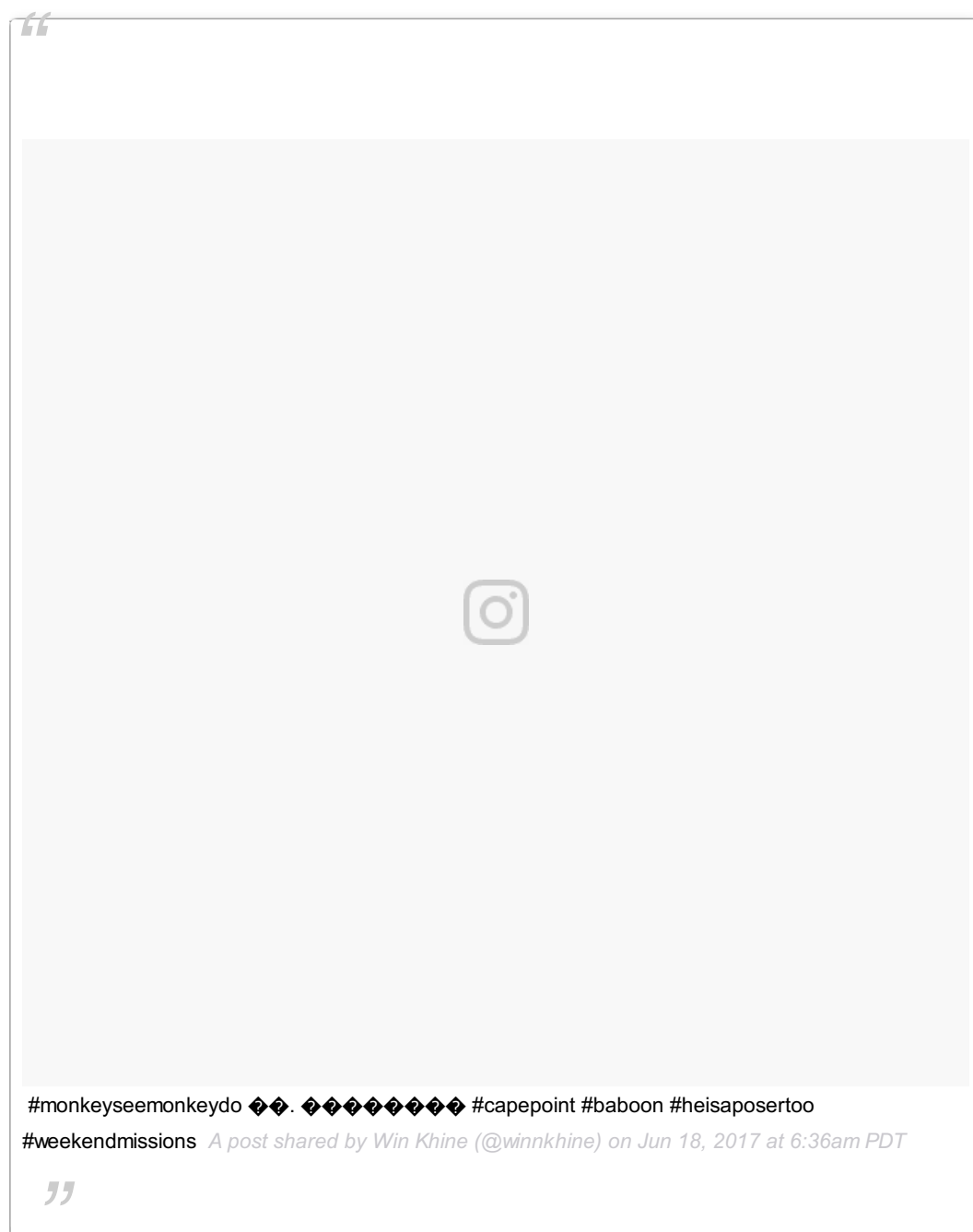
Cape Point is one breathtaking vision after another and all that natural light means is the perfect place to let your hair down and smile for your followers. But remember beauty comes with a price, and Cape Point forms part of SA Parks so there will be an entrance fee of R135 per adult.

Hiking or shopping?

Yes, we all agree that it's good to get out in nature and Cape Point has dozens of beautiful [day walks](#) to make sure you and your ladies get some light exercise in while snapping happy shots, but did you know that there are three shops that are worth exploring too? Cape Point Logo Shop, Cape Point Parks Shop and the Lighthouse Five not only offer your run-of-the-mill cute bobble-head souvenirs but some stylish jewelry and fashion items too. If your tastes are less traditional, the moody Lighthouse Five is right up your alley.

Alfresco picnic or restaurant with a view?

Cape Point really leaves visitors spoiled for choice, if the ladies want to picnic alfresco in the fresh breeze, or if sipping chilled wine with your sushi is your vibe, you will find it here. There is a takeaway store that serves yummy sammies or pizzas, as well as the [Two Oceans Restaurant](#).



Beware of baboons:

There are baboons in the area that like to steal food and can be quite aggressive about it. So ladies, take care and make sure you pick a safe picnic spot, there are a lot of guides around to let you know where the best spots are.

Laid back Franschhoek

If you and your circle of friends are in the mood for something more laid back with a picturesque village setting, Franschhoek is the perfect place for your lady-squad.

It's tram time

The Franschhoek [Wine Tram](#) hop-on-hop-off tour is one of the best ways to discover all there is about the wine in Franschhoek. A mix of tram and tram-buses takes you on a loop of stops allowing you and your ladies freedom of choice. Each tram line is colour coded and ticket prices vary.

Downtime downtown

Downtown Franschhoek is a smorgasbord of restaurants, and if you are a super organised lady you can find them all online so you can pick your passion. There are also gourmet food tours and wine tastings downtown, and if you prefer browsing don't miss the Saturday market in the park.

Guilt free wine-xercise

Right, let's get down to it gals. If you are one of those ladies who can't stand the thought of consuming that many empty calories, fret not! Franschhoek is one of the most picturesque towns for cycling if you like a bit of exercise between activity spots. Finding a bike is easy, all you need to do is go to the bike rental shop which is a three-minute walk up the road towards the direction the bus came in. It's on the same side as the tram ticket office. In the bicycle shop, you can get a map of the area and recommendations on which wine farms are closest to town.

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