

Let your innner foodie out at the GFWS

 By [Jordan Scott](#)

29 May 2013

The general consensus of the Good Food and Wine Show is that it is only for those who are wine connoisseurs or can identify every herb ever used. This is most definitely not the case, the Good Food and Wine Show brings out anyone's inner foodie and you only need to drink wine to be able to enjoy the variety of cultivars and blends on offer.

I was far more impressed this year than ever before; there was the perfect balance between enough wine to quench your thirst and food to keep you full. I can see that this renowned exhibition is improving year upon year and I look forward to seeing what it has in store in 2014.





Not only was there food and wine, but beautiful cook ware, home ware and even cars on show - so whatever your preference there was and will be something for you. I even saw a few families with children there, but I recommend you go on the Thursday or the Sunday when it is quieter and you can enjoy it with them.

Not just for "grown-ups"



As a 21-year-old I will be honest and say that I managed to find the first cocktail bar and eventually disappeared outside to where the music was pumping and the dancing was happening. For anyone who thinks the Good Food and Wine Show is only for "grown-ups", you are very much mistaken. If you're keen for a good night out, with good company it is definitely as good as any bar, pub, restaurant or club out there. (Just with better food and finer wine.)

This year's show featured the likes of Gordon Ramsay, Bill Granger, Eric Lanlard and the twins from Junior Master Chef Australia: Isabella and Sofia Bliss. This is just another indication of how far this exhibition has come, to be honoured to have these world-renowned chefs gracing the stage is something we'll all look forward to again next year.

Every year I miss out on great shows because I don't find out what is happening, but I recommend that you read up and see who is cooking when so you can enjoy the shows to their fullest. Actually, I would recommend this for any exhibition and the prices are generally very reasonable.

If you missed the Good Food and Wine Show this time, make sure you have it diarised for next year. You do not want to miss out again.

www.goodfoodandwineshow.co.za

ABOUT JORDAN SCOTT

Jordan Scott is a student of marketing and lover of life.

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